

Invitation

ECONOMIC FORUM



ON BEHALF OF THE PROGRAMME COUNCIL

I am honoured to invite

Mr.

Jaroslav MATÝS

Child and Adolescent Psychiatrist
Soukromá ambulance dětské a dorostové psychiatrie
Czech Republic

to take part in the

32nd ECONOMIC FORUM

which will be held in the Gołębiewski Hotel in Karpacz, Poland
5th-7th September 2023 under the theme:

'New Values for the Old Continent - Europe on the Threshold of Change'

Cezary Przybylski
Marshal
of Lower Silesia



Jacek Sutryk
Mayor of
Wrocław



Zygmunt Berdychowski
Chairman of the Economic Forum
Programme Council



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Warsaw, 19th June 2023

Dear Sir,

The Economic Forum, organised by the Foundation Institute for Eastern Studies, is the biggest conference in Central and Eastern Europe. For more than 30 years it has been attracting political, economic and social leaders from all over the world.

The unique climate of the event fosters the development of cooperation between EU Member States and their neighbours. Important declarations are made at the Forum every year, which is why the debates are followed with the greatest interest by media from all over the world, and their echoes resound in expert and political circles long after the Forum ends.

This year's 32nd edition of the **Economic Forum** will be held on **5-7 September 2023 in Karpacz** under the theme: *'New Values for the Old Continent - Europe on the Threshold of Change'*. I would be honoured if you accepted our invitation to contribute as a speaker to one of the Forum's debates:

Smartphone - a Good Servant but a Bad Master

What does a smartphone have in common with medicine? Nothing at first glance, but excessive use of smartphones can lead to "digital dementia". The term Smart has come into common use so much that it does not even need to be explained, but the equivalent may be the term - intelligent. Everything around us is a "smart" and we rely on smartphones so much that they make us fools. Yes, smart devices make our lives easier, and thanks to them we do not have to remember all things, but thanks to smart devices we lose the ability to remember at least one thing. The brain works as a muscle, if we don't develop it and neglect it, it will weaken until it disappears. Using a smartphone, forgetting about being with people, our relationships do not develop and in extreme cases it can lead to addiction. Put down your phone and start living!

I remain hopeful that the brand of the Forum and its content will convince you to accept our invitation.

Yours sincerely,

Zygmunt Berdychowski
Chairman
Economic Forum Programme Council

Foundation Institute for Eastern Studies

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